



**Damhert**  
NUTRITION

# BIOFOOD

## Biofood Buckwheat flakes BIO

Art.nr:	6341
Product description:	Biofood Buckwheat flakes BIO
EAN-code product:	5412158004987
EAN-code carton	5412158040305 (x 1) 5412158017116 (x 6)
Custom-code:	19042010
Ingredients:	buckwheat flakes*. Can contain traces of GLUTEN, NUTS and SESAME. *From controlled organic cultivation.
Allergens:	May contain traces of sesame seeds, nuts, gluten. Does not contain sulphur dioxide and sulphites, oats, milk, celery, peanuts, wheat, eggs, lactose, fish, crustaceans, lupine, molluscs, soybeans, mustard.
Content:	500 g
Storage:	Keep dry and closed at room temperature.
Shelf life:	24 months production date.
Usage:	Boil for 10 minutes in milk or water.
Dimensions:	12.5 cm W x 25.3 cm H x 6.5 cm D

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Nutritional values	portie/portion	
	100 g	0 g
Energy kJ	1486	1486
Energy kcal	351	351
Fats	3.0 g	3.0 g
Whereof saturated fats	0,7 g	0.7 g
Carbohydrates	66,2 g	66.2 g
Whereof sugars	0,9 g	0.9 g
Food fibres	2,9 g	2.9 g
Protein	13,4 g	13.4 g
Salt	<0,1 g	<0,1 g

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