



Damhert
NUTRITION

BIOFOOD

Biofood Breakfast flakes BIO

| | |
|----------------------|---|
| Art.nr: | 6280 |
| Product description: | Biofood Breakfast flakes BIO |
| EAN-code product: | 5412158004260 |
| EAN-code carton | 5412158039989 (x 1) 5412158018366 (x 6) |
| Custom-code: | 19042010 |
| Ingredients: | OATS*, WHEAT*, BARLEY*. Can contain traces of SESAME, PEANUTS and NUTS. *from controlled organic cultivation. |
| Allergens: | Contains oats, barley, gluten, wheat. May contain traces of nuts, sesame seeds, peanuts. Does not contain soybeans, celery, lactose, fish, eggs, sulphur dioxide and sulphites, lupine, mustard, molluscs, milk, crustaceans. |
| Content: | 500 g |
| Storage: | Keep at room temperature. |
| Shelf life: | 24 maanden vanaf productiedatum. |
| Usage: | Boil for 1-2 minutes in water or milk of choice. |
| Dimensions: | 12.0 cm W x 25.0 cm H x 6.0 cm D |

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| Nutritional values | portie/portion | |
|------------------------|----------------|--------|
| | 100 g | 0 g |
| Energy kJ | 1509 | 453 |
| Energy kcal | 360 | 108 |
| Fats | 3,3 g | 1,0 g |
| Whereof saturated fats | 0,6 g | 0,2 g |
| Carbohydrates | 66,9 g | 20,1 g |
| Whereof sugars | 0,8 g | 0,2 g |
| Food fibres | 9,8 g | 2,9 g |
| Protein | 11,0 g | 3,3 g |
| Salt | <0,01 g | 0,00 g |