



**Damhert**  
NUTRITION

# BIOFOOD

## Biofood Couscous BIO

Art.nr:	6374
Product description:	Biofood Couscous BIO
EAN-code product:	5412158004949
EAN-code carton	5412158040282 (x 1) 5412158017123 (x 6) 5412158030641 (x 48)
Custom-code:	10089000
Ingredients:	couscous*. * From controlled organic cultivation.
Allergens:	May contain traces of nuts, sesame seeds, gluten. Does not contain soybeans, barley, evernia prunastri, amyl cinnamal, benzyl alcohol, molluscs, benzyl benzoate, citral, anise alcohol, coriander, sulphur dioxide and sulphites, lactose, butylphenyl methylpropionate, eugenol, peanuts, alpha-isomethyl ionone, mustard, benzyl cinnamate, celery, fish, lupine, oats, corn, farnesol, cinnamyl alcohol, coumarin, benzyl salicylate, rye, crustaceans, eggs, pod fruits, wheat, milk, other gluten, cocoa, evernia furfuracea, carrots, cinnamal, citronellol.
Content:	500 g
Storage:	Keep at room temperature.
Shelf life:	24 months after production date.
Usage:	Pour an equal amount of broth over the couscous and cover with a lid. Leave to soak for a few minutes. Stir and serve.
Dimensions:	12.0 cm W x 17.4 cm H x 5.0 cm D



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Nutritional values	portie/portion	
	100 g	0 g
Energy kJ	1440	1440
Energy kcal	343	343
Fats	3,4 g	3.4 g
Whereof saturated fats	0,7 g	0.7 g
Carbohydrates	61,5 g	61.5 g
Whereof sugars	2.0 g	2.0 g
Food fibres	3,9 g	3.9 g
Protein	12.0 g	12.0 g
Salt	<0,01 g	<0,01 g

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