



Damhert
NUTRITION

BIOFOOD

Biofood Bulgur BIO

Art.nr:	6122
Product description:	Biofood Bulgur BIO
EAN-code product:	5412158027849
EAN-code carton	5412158046192 (x 1) 5412158028297 (x 6)
Custom-code:	10089000
Ingredients:	bulgur. From controlled organic cultivation.
Allergens:	May contain traces of sesame seeds, nuts, gluten, soybeans. Does not contain amyln cinnamal, molluscs, peanuts, coumarin, citral, cinnamal, barley, celery, crustaceans, sulphur dioxide and sulphites, benzyl cinnamate, coriander, benzyl benzoate, benzyl alcohol, evernia prunastri, cinnamyl alcohol, lupine, pod fruits, alpha-isomethyl ionone, corn, rye, evernia furfuracea, eggs, eugenol, milk, farnesol, carrots, cocoa, fish, citronellol, wheat, lactose, anise alcohol, butylphenyl methylpropionate, other gluten, oats, benzyl salicylate, mustard.
Content:	500 g
Storage:	Keep at room temperature.
Shelf life:	24 months after production date.
Usage:	Cook for 15-20 minutes.
Dimensions:	9.5 cm W x 18.0 cm H x 5.5 cm D



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Nutritional values	portie/portion	
	100 g	0 g
Energy kJ	1576	1576
Energy kcal	342	342
Fats	1,3 g	1.3 g
Whereof saturated fats	0,2 g	0.2 g
Carbohydrates	63,4 g	63.4 g
Whereof sugars	0,4 g	0.4 g
Food fibres	12,5 g	12.5 g
Protein	12,5 g	12.5 g
Salt	<0,1 g	<0,1 g