



**Damhert**  
NUTRITION

# VEGGIE

## Damhert Vegan Falafel quinoa burger PROMO

Art.nr:	3592
Product description:	Damhert Vegan Falafel quinoa burger PROMO
EAN-code product:	5412158031952
EAN-code carton	5412158047472 (x 1) 5412158032621 (x 6) 5412158037459 (x 24)
Custom-code:	21069092
Ingredients:	40% chickpea, water, WHEAT flour (contains RYE), vegetables (zucchini, carrot, onion), vegetable oils (sunflower, rapeseed), rice, 1% quinoa, herbs, spices, salt, vinegar, thickener (methyl cellulose), coriander, WHEAT protein, natural flavor, colorant (curcumin). MAY CONTAIN TRACES OF PEANUTS AND NUTS.
Allergens:	Contains wheat, gluten, rye. May contain traces of nuts, peanuts. Does not contain lupine, sesame seeds, eggs, molluscs, sulphur dioxide and sulphites, oats, celery, crustaceans, milk, lactose, fish, soybeans, mustard.
Content:	160 g
Shelf life:	4 months production date.
Usage:	IN THE PAN: Bake the Falafel quinoa burger over medium heat for ± 6-8 minutes. IN THE OVEN: Bake the Falafel quinoa burger in a preheated oven at 180°C for 13 minutes.
Dimensions:	13.5 cm W x 3.0 cm H x 18.0 cm D

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Nutritional values	portie/portion	
	100 g	80 g
Energy kJ	912	730
Energy kcal	218	174
Fats	11,3 g	9,0 g
Whereof saturated fats	1,6 g	1,3 g
Carbohydrates	20,2 g	16,2 g
Whereof sugars	0,9 g	0,7 g
Food fibres	6,0 g	4,8 g
Protein	6,0 g	4,8 g
Salt	1,2 g	0,96 g

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