



FIBRE Fit

Damhert Fibre Fit Wheat bran BIO

Art.nr:	2010
Product description:	Damhert Fibre Fit Wheat bran BIO
EAN-code product:	5412158001627
EAN-code carton	5412158038838 (x 1) 5412158020055 (x 6) 5412158031297 (x 8)
Custom-code:	10089000
Ingredients:	Wheat bran*. May contain traces of SESAME, SOY, NUTS and PEANUTS. *From controlled biological cultivation.
Allergens:	Contains wheat, gluten. May contain traces of nuts, sesame seeds, peanuts, soybeans. Does not contain crustaceans, sulphur dioxide and sulphites, mustard, oats, milk, fish, celery, eggs, lupine, lactose, molluscs.
Content:	200 g
Storage:	Keep dry and well closed after opening.
Shelf life:	18 months production date.
Usage:	Wheat bran are delicious in grain dishes, salads, soups, yogurt or homemade bread.
Dimensions:	9.0 cm W x 21.0 cm H x 5.0 cm D



Nutritional values	portie/portion	
	100 g	0 g
Energy kJ	1100	110
Energy kcal	262	26
Fats	4,0 g	0,4 g
Whereof saturated fats	0,6 g	0,1 g
Carbohydrates	18,0 g	1,8 g
Whereof sugars	0,5 g	0,1 g
Food fibres	43,0 g	4,3 g
Protein	17,0 g	1,7 g
Salt	<0,01 g	0,00 g