



FIBRE Fit

Damhert Fibre Fit Oat bran BIO

Art.nr:	2015
Product description:	Damhert Fibre Fit Oat bran BIO
EAN-code product:	5412158001214
EAN-code carton	5412158038562 (x 1) 5412158017000 (x 6) 5412158031280 (x 8)
Custom-code:	10089000
Ingredients:	OAT bran**. May contain traces of PEANUTS, GLUTEN, NUTS and SESAME. **From controlled organic cultivation.
Allergens:	Contains oats. May contain traces of nuts, sesame seeds, peanuts, gluten. Does not contain eggs, milk, soybeans, fish, lactose, crustaceans, sulphur dioxide and sulphites, wheat, mustard, molluscs, celery, lupine.
Content:	300 g
Storage:	Keep dry and well closed after opening.
Shelf life:	18 months production date.
Usage:	Perfect to use while making pancakes, pastry, bread, soup or other liquids.
Dimensions:	9.5 cm W x 18.0 cm H x 5.5 cm D



Nutritional values	portie/portion	
	100 g	50 g
Energy kJ	1530	765
Energy kcal	365	183
Fats	6.9 g	3.5 g
Whereof saturated fats	1.2 g	0.6 g
Carbohydrates	56.0 g	28.0 g
Whereof sugars	1.3 g	0.7 g
Food fibres	11.0 g	5.5 g
Protein	11.0 g	5.5 g
Salt	0.03 g	0.02 g

Damhert Nutrition NV - Kapelstraat 154, B-3550 Heusden-Zolder
 Tel +32(0)11/42 50 39 - Fax 32(0)43 31 28
www.damhert.com - info@damhert.be

