



**Damhert**  
NUTRITION

# BIOFOOD

## Biofood Spaghetti whole-wheat BIO

Art.nr:	2100
Product description:	Biofood Spaghetti whole-wheat BIO
EAN-code product:	5412158003379
EAN-code carton	5412158039590 (x 1) 5412158024183 (x 6) 5412158037268 (x 12)
Custom-code:	19023010
Ingredients:	Whole wheat*, water. *From controlled biological cultivation.
Allergens:	Contains wheat, rye, gluten. Does not contain eggs, celery, mustard, lupine, crustaceans, sesame seeds, fish, lactose, molluscs, oats, soybeans, peanuts, milk, nuts, sulphur dioxide and sulphites.
Content:	500 g
Storage:	Keep at room temperature.
Shelf life:	36 months production date.
Usage:	Bring 3 liter of water to the boil. Add a pinch of salt. Let the spaghetti boil for 11 minutes while stirring.
Dimensions:	8.5 cm W x 32.4 cm H x 1.5 cm D

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Nutritional values	portie/portion	
	100 g	0 g
Energy kJ	1538	1154
Energy kcal	364	273
Fats	2,4 g	1,8 g
Whereof saturated fats	0,6 g	0,5 g
Carbohydrates	70.0 g	52,5 g
Whereof sugars	3,1 g	2,3 g
Food fibres	8.0 g	6,0 g
Protein	11,5 g	8,6 g
Salt	0,01 g	0,01 g