



**Damhert**  
NUTRITION

# BIOFOOD

## Biofood Pumpkin seeds BIO

Art.nr:	4063
Product description:	Biofood Pumpkin seeds BIO
EAN-code product:	5412158004642
EAN-code carton	5412158040152 (x 1) 5412158024299 (x 6) 5412158053947 (x 12)
Custom-code:	12129996
Ingredients:	pumpkin seeds*. May contain traces of PEANUTS, NUTS, GLUTEN and SESAME. * from controlled organic cultivation.
Allergens:	May contain traces of gluten, nuts, sesame seeds, peanuts. Does not contain lupine, oats, mustard, sulphur dioxide and sulphites, milk, molluscs, wheat, fish, crustaceans, eggs, celery, soybeans, lactose.
Content:	250 g
Storage:	Keep dry, cool and well closed.
Shelf life:	24 months production date.
Usage:	Grilled or natural, with your appetizer, in salads, sauces or pastry!
Dimensions:	9.0 cm W x 16.0 cm H x 4.5 cm D

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Nutritional values	portie/portion	
	100 g	0 g
Energy kJ	2339	585
Energy kcal	559	140
Fats	49,0 g	12,3 g
Whereof saturated fats	8,7 g	2,2 g
Carbohydrates	10,7 g	2,7 g
Whereof sugars	1,4 g	0,4 g
Food fibres	6,0 g	1,5 g
Protein	30,2 g	7,6 g
Salt	0,02 g	0,01 g

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